



# Phelps County R-111 School

17790 State Rt. M, Edgar Springs, MO 65462

Phone: 573-435-6293 Fax: 573435-9489

This institution is an equal opportunity provider

Choice of 1%, Skim or Fat Free Chocolate Milk offered with every meal

\*\* Menu items are subject to change based on availability

	1 Pancakes Peaches Juice  Chicken Fajita Refried Beans, Salsa Fruit Slush <i>***Birthday Day</i>	2 Cereal Toast, Applesauce Juice  Juicy Burger French Fries, Spinach Cherries	3 Grape Crescent Pears Juice  Popcorn Chicken Bowl Roll, Green Beans Mixed Fruit	4 Egg/Salsa Flatbread Mandarin Oranges Juice  Jamwich, Cheese Stick Carrots/Ranch Dragon Punch, Banana
7 Biscuit and Gravy Peaches Juice  Corn Dogs Corn, Carrots Apricots	8 Muffin Yogurt, Strawberries Juice  BBQ Rib on Bun Baked Beans, Peas Applesauce	9 Breakfast Pizza Pineapple Juice  Grilled Cheese Celery, Peanut Butter Veg. Juice,, Fruit Slush	10 Apple Frudel Peaches Juice  Ham/Cheese Sandwich Cucumbers/Ranch Mandarin Oranges	11 Cereal Toast, Banana Juice  Chicken Salad Sweet Potato Fries Spinach, Pears <i>***Lucky Tray Day</i>
14 Breakfast Burrito Strawberries Juice  Macaroni and Cheese Peas, Beets Pineapple	15 Banana Bread Yogurt, Peaches Juice  Walking Taco Black Beans, Salsa Pears	16 Biscuit and Gravy Mixed Fruit Juice  Chicken Nuggets Broccoli, French Fries Blueberries	17 Cooks Choice Breakfast  Cooks Choice Lunch	18 Cooks Choice Breakfast  Cooks Choice Lunch

\*\* \*Parents: If your child/children have a food allergy or milk allergy we must have a signed letter from your child/children's physician stating what the food allergies are and any substitutions that need to be made. The letter is required by DESE and must be on file at the time your child starts school. It is good only until the end of the current school year and must be updated annually.

Shelia Sederburg, Food Service Director

Student Meal Prices: Breakfast: \$1.15 / \$ .30 Lunch: \$1.65 / \$ .40

Adult Meal Prices: Breakfast: \$1.40 Lunch: \$1.90