



Phelps County R-111 School

17790 State Rt. M, Edgar Springs, MO 65462

Phone: 573-435-6293 Fax: 573435-9489

This institution is an equal opportunity provider

Choice of 1%, Skim or Fat Free Chocolate Milk offered with every meal

** Menu items are subject to change based on availability

1 No School	2 No School	3 Biscuit and Gravy Pineapple Juice BBQ Chicken Quesadilla Baked Beans, Carrots Applesauce	4 Pancakes Pears Juice Cheeseburger French Fries, Spinach Peaches	5 Cereal Toast, Banana Juice Chili Mac Celery/ Peanut Butter Crackers, Mandarin Oranges
8 Zucchini Bread Yogurt, Strawberries Juice Lasagna Garlic Bread, Green Beans Apple Slices	9 Breakfast Boat Pineapple Juice BBQ Rib on Bun Potato Wedges, Carrots Pears	10 Mini Cinnis Mixed Fruit Juice Chicken Pot Pie Broccoli, Roll Cherries	11 Sausage Biscuit Mandarin Oranges Juice Walking Taco Pinto Beans, Corn Fruit Slush	12 Oatmeal Toast, Dried Fruit Juice Hot Dog on a Bun Sweet Potatoes, Peas Pineapple
15 No School	16 Cereal Toast, Peaches Juice Grilled Cheese Tomato Soup, Spinach Blueberries <i>***Birthday Day</i>	17 Breakfast Pizza Strawberries Juice Pork Roast/ Gravy Bread, Black-eyed Peas Green Beans, Pears	18 Breakfast Burrito Mandarin Oranges Juice Meatloaf Noodles Jefferson Mixed Veggies, Cherries	19 Bagel w/ Cream Cheese Orange Juice Chicken Nuggets Zucchini, Beets Applesauce
22 Chicken Biscuit Mixed Fruit Juice Juicy Burger French Fries, Corn Apricots	23 Apple Bosco Peaches Juice Pizza Broccoli, Mixed Veggies Blueberries	24 Sausage /Cheese Muffin Strawberries Juice Popcorn Chicken Bowl Beets, Bread Fruit Slush	25 Muffin Yogurt, Pineapple Juice Ham and Beans Corn Bread, Carrots/Ranch Mandarin Oranges <i>***Lucky Tray Day</i>	26 Pancakes Banana Juice Loaded Eggs Hash brown, Biscuit Veg Juice, Pears
29 Cereal Toast, Peaches Juice Cheeseburger French Fries, Peas Applesauce	30 Biscuit and Gravy Strawberries Juice Jamwich/ Cheese Stick Tostitos/ Salsa Veg Juicc, Mandarin Oranges	31 WG Poptarts Pears Juice Shepherd's Pie Roll, Spinach Cherries		

** *Parents: If your child/children have a food allergy or milk allergy we must have a signed letter from your child/children's physician stating what the food allergies are and any substitutions that need to be made. The letter is required by DESE and must be on file at the time your child starts school. It is good only until the end of the current school year and must be updated annually.

Shelia Sederburg, Food Service Director

Student Meal Prices: Breakfast: \$1.15 / \$.30 Lunch: \$1.65 / \$.40

Adult Meal Prices: Breakfast: \$1.40 Lunch: \$1.90