Phelps County R-III School

17790 State Rt. M, Edgar Springs, MO 65462
Phone: 573-435-6293 Fax: 573-435-9489
This institution is an equal opportunity provider.
Choice of 1%, White or Chocolate Milk offered with every meal.
** Menu items are subject to change based on availability.

1 Biscuit & Gravy Blueberries Juice Walking Tacos Black Beans Corn Fruit Slush	2 Scrambled Eggs Sausage link & Toast Pears & Juice Orange Chicken Fried Rice & Egg Roll Steamed Broccoli Strawberries	3 Cereal Bar & Yogurt Peaches Juice Tortellini Bread Stix, Corn Veggie Juice Banana	4 Banana Muffin Yogurt, Fruit Juice Chicken Nuggets French fries Green Beans Cherries	5 Oatmeal Dried Fruit, Toast Juice Pizza Celery w/ peanut butter Pumpkin Dip Mix Fruit
8 Breakfast Pizza Mixed Fruit Juice Corn dogs Green Beans Pumpkin Dip Apple Sauce	9 Sausage Biscuit Pears Juice Loaded Baked Potato Black Beans Broccoli w/ Cheese Apple Sauce	10 Pancakes & Syrup Banana Juice Toasted Ravioli Salad W/ Ranch Marinara Sauce Apple Sauce	11 Cereal Bar & Yogurt Mandarin Oranges Juice Chicken Wraps Cucumber Slices Peas Orange	12 Blueberry Muffin Yogurt & Pears Juice Biscuit & Gravy Sausage, Hash browns Veggie Juice Banana
15 Breakfast Burrito Strawberries Juice Meatloaf Mashed Potatoes & Gravy Carrots, Roll Peaches	16 Egg, Sausage Biscuit Peaches Juice Beef Nachos Black Beans Pumpkin Dip & Crackers Pineapples	17 Waffles & Syrup Mixed Fruit Juice Spaghetti & Meatballs Bread Stick, Broccoli Salad Fruit Slush	18 Fruit Smoothie Mix Fruit Juice Cheeseburger Macaroni Roll, Green Beans Celery Sticks & P.B. Banana	19 **No School**
22 Biscuit & Gravy Blueberries Juice Loaded Eggs Potato Smiles & Toast Dragon Punch Banana	23 Donut & Yogurt Pears Juice Calzone Garden Salad Baby Carrots Fruit Slush	24 Scrambled Eggs Sausage, Toast Peaches & Juice Chicken Sandwich French Fries Dragon Punch Strawberries	25 Cream Cheese Bagel Mixed Fruit Juice Popcorn chicken bowl Roll, Green beans Broccoli Apple Slices	26 Granola Bar & Yogurt Banana Juice Bosco Stick Peas Corn, Roll Strawberries
29 Parfait Pears Juice Ham & Cheese Sandwich Chips & Salsa Baked Beans Mixed Fruit	30 Cereal Bar & Yogurt Apple Sauce Juice Burrito & Salsa Black Beans Corn Peach Cup			

** Parents: If your child/children have a food allergy or milk allergy we must have a signed letter from your child/children's physician stating what the food allergies are and any substitutions that need to be made. The letter is required by DESE and must be on file at the time your child starts school. It is good only until the end of the current school year and must be updated annually.
Chasity Boettcher, Food Service Director

Student Meal Prices: Breakfast: $1.20 / $ .30 Lunch: $1.70 / $ .40
Adult Meal Prices: Breakfast: $1.40 Lunch: $1.90