

Coach Brunkhorst's Newsletter – Algebra, 6th Math, & Health

3rd Quarter – Week 5

ALL CLASSES: Signed comprehensive mid-quarter grade reports are due back WEDNESDAY!

Algebra:

This week we continuing Chapter 7 (Exponents & Exponential Functions). We will take a quiz over Lessons 1-4 on Wednesday. If students need to retake any test, they need to schedule that with me on Wednesday or Thursday during 3rd, 5th, or 7th hour.

6th Math:

We are continuing to work in Chapter 6 (Expressions), which involves an introduction into topics from Algebra. ☺ This week we are evaluating numerical and algebraic expressions, as well as writing expressions to represent real-world situations. We will take a Chapter 6 Mid-Test on Friday. For each chapter we always take a Pre, Mid, & Post test. I count the highest score between the Mid & Post tests as their Chapter Test grade. Students can retake the test as many times as they wish if they want to earn a higher score.

6th Health:

This week we are continuing our Stress Unit, which will include topics such as “Types & Causes of Stress”, “Depression,” “Stress Management”, and “Relaxation Techniques”. We hope to begin an interesting student-created video project to culminate this unit.

7th/8th Health:

This week 7th grade will conclude their Nutrition unit. We will discuss the effects of sugar in our bodies, healthy sources of sugar, hidden sugar sources in food, and watch a documentary called “All About Sugar”. 8th grade will begin our Stress Unit, which will include topics such as “Types & Causes of Stress”, “Depression,” “Stress Management”, and “Relaxation Techniques”.

VOLLEYBALL:

The girls & boys have a **home** game this week against SUCCESS. The girls play at 6:00 pm, followed by a boys' game. Please come out and support our Cardinals.